

PIGEON WING

Spring 2019

Greetings from Hilltop

Dear Friends,

Happy Spring. Here on Orcas, the changes in our weather have been stark this off-season. We thought we were having a mild winter, and then February struck, with snow that kept us stuck on the camp property for days and days. Thankfully, March was just beautiful, and the first few days of April have been their usual mix of beautiful and rainy.



In the cyclical life of the Camp Director, the change from winter to spring always brings to mind the coming summer. I know for our campers, the off-season can seem impossibly long. While I may view it a little differently, summer does seem a long way off, almost imaginary, in the depths of winter. The turn to spring changes all that, and makes all of us at the year-round staff look carefully at our off-season lists, to make sure we're as ready as we can be for our reason for being, the summer.

I'm proud to say that this summer is shaping up to be a fantastic one. We have just a few spots left to fill on our summer staff, with a tremendous mix of returners and new folks. We've taken on great projects on the property in the office that will make Camp better for everyone. We can't wait to for the boats carrying the campers to pull into Four Winds Bay.

Of course, this newsletter goes out to many people who love Four Winds, but who can't join us this summer. I hope that reading about the goings on of Camp, news about your fellow alumni, and assurances that the traditions of Four Winds live on will give you fond feelings.

I hope it's okay for me to bring up something sad in this letter to all of you. When you get to the section of this newsletter that remembers the Four Winds friends that we've lost this year, you can't help but notice that it seems like we lost too many. I certainly feel that way. For a Camp that's 92 years old, I suppose that can't be helped. Losing our friends is sad. I'm struck, though, by how thoroughly those that we lost this year integrated the values of Four Winds into their lives. They were adventurous, they loved their friends, they made the world a better place. For each of them, Four Winds stayed with them throughout their lives, no matter what stage of it they were in. I had the honor of knowing most of them at least a little. I'll be thinking of them this summer, and hoping that we can all take their example to heart.

Enjoy this newsletter, stay in touch, and please stop by if you're on Orcas.

Paul

Notes from Danielle

It is unbelievable to think that it's already April and that the excitement of summer is steadily rolling towards us once again! The anticipation of another summer brings to mind the many memorable moments and special connections of summers gone by and the many possibilities that the new summer has in store for all of us.

Something that I often reflect on in the off season, especially when seeing so many members of the Four Winds family during the Slideshow Tour, is the importance and the deep impact of the connections and friendships made at Camp and the ability for those connections to last, in the most real way, for an entire lifetime. For so many of our alumni, as we can see by the current excitement and activity of the 80s Facebook group (page 10), Camp connections and friendships have remained such a central part of their lives despite the years moving steadily onwards and their separation from the Camp property itself. For me, the connections and friendships that I have made at Four Winds have had such a far reaching and lasting impact on so many areas of my life and my development as a person. Since my start at Camp as an Assistant Counselor in 2005 each and every aspect of my life, even during the years I spent away from Four Winds, has been shaped and impacted by the friendships and connections made on this tiny, magical island.

There is something truly special and unique about a Four Winds friendship that transcends time, that doesn't focus on age differences, that allows people to be loved and accepted for who they truly are. It is truly a magical feeling, despite the years passing, to know that your Camp friends will be there for you, no matter what, no matter where and no matter how physically far away from them you may live. There is truly no other place on Earth where you can be someone's Counselor, go in separate directions for a decade, and then work together again and feel like no time has passed at all! (Check out the photos on the right of (baby-faced) Bridget Raftery and I back in Shining Mountain in 2007, and then, over 10 years later, working together on the Heads Team in Summer 2018).

I feel so incredibly blessed for the friendships that I have made over my summers at Four Winds, and for those connections yet to come. I can't wait to see Campers and Staff creating and nourishing these connections in just a few short months from now. Who knows where those casual trail conversations or moments shared in the Treehouse will take them...

—Danielle Bone, Assistant Director, FWWH



A Gypsy Thank You to our 2019 Slide Show Host Families!

Our annual slide show tour takes us to alumni homes in five different states (including Alaska and New York) as well as the District of Columbia and Canada. It's a great way to spread the word about Four Winds Camp. If you're interested in hosting a slide show in January or February of 2020, please email Danielle Bone at Danielle@fourwindscamp.org.

Deer Harbor, WA

Hosted by the Sheridan Family, at Hilltop

Seattle, WA

Hosted by the Hofler Family

Washington, D.C.

Hosted by the Penhoet Family

New York, NY

Hosted by the Neill Family

Vancouver, BC

Hosted by the Kincade Family

San Francisco, CA

Hosted by the Foster-McDerby Family

St. Helena, CA

Hosted by the Crebs Family

Los Angeles, CA

Hosted by the Scharff Family

Pasadena, CA

Hosted by the Adams Family

Woodside, CA

Hosted by the Shaw Family

Berkeley, CA

Hosted by the Alper Family

Greenbrae, CA

Hosted by the Goodrich Family

Portland, OR

Hosted by the Kozak Family

Anchorage, AK

Hosted by the Simonian/Brudie Family

Bellevue, WA

Hosted by the Bede Family



Offseason Work around Camp

Off-season maintenance work at Four Winds is hard enough, but this year was even more difficult because of heavy snow through much of the winter.

"The cold weather was challenging for us, since most of our projects required us to be outdoors," said Rick Mollner, Head of Maintenance at FWWH. "Even in the shop, temperatures hovered just above freezing—which rules out any paint maintenance. When the snow hit, we had the additional challenges of navigating the snow-covered hills and roads, some of which are very steep!"



2

Still, Rick and his crew of Jim, Caleb and Victor got a ton done, including maintenance work on the water system and the septic system (which was as unpleasant as you can probably imagine); brush clearing and trail maintenance; a new wood floor inside Hilltop; and renting a boom truck to service the halyards of the flag pole on Greenie Hill and at The Helm. But perhaps the biggest project, purely by square footage, was replacing the barn roof.

"The barn roof was at a stage where small leaks were starting to impact the roof sheathing," explained Mollner. "It was only a matter of time before we would start to notice damage to rafters and other structural components. Sealing the existing roof was considered as an option, but the cost of that temporary measure was enough to tip the scales in favor of roof replacement. The new galvanized metal roofs will be classic in appearance and will look as good in 40 years as they will this summer."



1



3

Rick and our Camp Shipwright, **Jim Kruse**, did a major overhaul on Squirrel Boat, spending a month replacing wood cap rails, tuning and repainting the engine and installing a new brass propeller. When that job was done, Jim took on another project that is sure to hit home with all campers and alumni: He carved a huge driftwood log into a new access ramp to Breakfast Beach!

"I wanted to use driftwood log from the property to replicate the old gangway," said Kruse. "I found a good log on shore near the Peppermint dock. whittled it in half length-wise with the help of a chainsaw, and then towed it to Breakfast Beach with a kayak. I put it into place and did my best to have it set up like the old one."

By looking at the before-and-after pictures, it's safe to say Jim succeeded!



5



6



4

Photo key:

- 1 Barn roof gone
- 2 Halyards and boom truck
- 3 Breakfast Beach before
- 4 Breakfast Beach after
- 5 Old Squirrel cap rail
- 6 New Squirrel cap rail

Board of Trustees

Board Roster 2019

Diana Wiegel, Chair
Oakland, CA

Henri Broekmate, Vice Chair
Sammamish, WA

John Wineman, Treasurer
Portland, OR

Charlie MacPherson, Secretary
Altadena, CA

Dave Baker
San Anselmo, CA

Ella Brittingham
Santa Barbara, CA

Janet Brownell
Orcas Island, WA

Sue Clauson
Seattle, WA

Bruce Coffey
Pasadena, CA

Eleanor (ElBell) Crebs
St. Helena, CA

John DesCamp
Bellevue, WA

Amy Fields
Portland, OR

Wendy Gilbaugh Kelley
Seattle, WA

Judy Murphy
Portland, OR

Matt Murray
San Francisco, CA

Alan Schulman
Rancho Santa Fe, CA

Jeff Stewart
Santa Rosa, CA

Committee Member

Ann Russell Felton
Seattle, WA

Lifetime Advisors

Cynthia Coleman
Pasadena, CA

Mike Douglas
Deer Harbor, WA

Marion Mohler
Mercer Island, WA

Carlyn Stark
Port Townsend, WA

The Role of the FWWH Board of Trustees

As most people know, Four Winds * Westward Ho is a 503-(c) non-profit, and, as such, is overseen by a Board of Trustees (BOT). What most people don't know, however, is what the BOT actually does.

*"The Board's role is one of oversight and strategic planning," says Board of Trustees Chair **Diana Wiegel** (camper '76; CT '78 & '79; staff '80-'82; Board '09-present). "We focus on Camp's long-term viability with particular emphasis on maintaining a healthy financial position, improving our facilities, developing strong relationships within our community and ensuring that FWWH is positioned for the next generation."*

The Board is currently made up of 17 members. Each board member serves on one or more of these committees: Finance, Development, Financial Aid, Facilities and Trustees. There is also an Executive Committee which includes the Chair, Vice Chair and Secretary. The committees meet periodically throughout the year to go over goals and projects, and the full board meets twice a year at Camp: in May and October. Board meetings are a time to get updates from the Executive Director, year-round time staff members and the Committee Chairs, as well as discuss special projects and issues that arise that warrant full board attention. Finally, there is always time to walk the property and connect with Camp. It is a passionate, hardworking and committed group.

*"The board at Four Winds serves a corporate purpose as well as a human one," says FWWH Executive Director **Paul Sheridan**. "Like any nonprofit board, our board's biggest responsibilities are to hire (and, if need be, fire) the Executive Director, ensure that we have sound, ethical, and legal governance and financial management policies, ensure that Four Winds has adequate resources to advance its mission."*

That part of the board's role is foundational. But, like the foundation of a house, if all is well you don't have to think about it too much. As the steward for a time of a Camp that's been here longer than almost all of us have been alive and needs to be here for long after we're gone, I appreciate their more human guidance as well. They make us stronger by giving us access to professional experience, by imparting their wisdom, and of course, with their financial support."

Members of the Board come from multiple walks of life, generations and geographical locations, which helps develop a broad-ranging look at Camp's health while also taking into account its unique traditions.

"The board is a dynamic group with a good mix of long standing and newer members," says Wiegel. "It's important to have that mix such that we can strike a balance between continuity and fresh perspectives. We want people with different

backgrounds, areas of expertise, ages, geographical locations and connections with Camp to lend to a constructive conversation about what is best for camp and how to achieve it.

Currently we have educators, lawyers, bankers, architects, philanthropists, alumni campers, staff, parents and grandparents from CA, WA, OR, each who bring their own experience to the group. We need technical expertise since much of our role is to monitor the administrative aspects of Camp, but we also need people with different perspectives who can speak to the issues of how Camp should evolve while adhering to FWWH's mission and core values. The underlying



Diana Wiegel, Board of Trustees Chair





responsibility of the Board is to provide independent oversight in support of the overall stability and viability of FWWH today and for future generations."

John DesCamp has been a Board member since 2007, and is also a former Chair. As a camper ('77-'80) and staff member ('80, '84, '87 and '88), he brings a deep-rooted passion to his role on the Board.

"After many years as a camper and staff member I fell deeply in love with Four Winds," says DesCamp. "It has shaped my entire life. Serving on the Board allows me to give back to a place that has given me more than I could ever repay. It is a way to protect our traditions, yet shape the evolving future of this amazing place."

Protecting those traditions while 'shaping the future' is a delicate balance the Board faces in nearly every decision .

"I think change is the toughest issue we grapple with," says Wiegel. "Four Winds prides itself on its historical connection. Look at photos from the 30s and then from today, and there is little to differentiate them. That is part of Camp's appeal and connects us from generation to generation. But we recognize that all institutions must change to stay healthy and relevant, so we look at initiatives with a cautious eye, knowing that one of the most important roles we have is to ensure the highest quality experience for our campers in a way that would make Ruth Brown smile.

We are the behind the scenes players, helping Camp in ways that support the quality of the Camp experience while preserving FWWH's history, environment, finances and mission. For everything we do, we want to make sure it is in the best interest of Camp and in a way that makes our community is proud."

Thank you to resigning Board Members

The Four Winds Board of Trustees is a fluid group, with new members joining and existing members resigning on a near-annual basis. This year we had three Trustees resign, and we'd like to thank each of them for their service, commitment and generosity to Four Winds * Westward Ho.

Valerie Corvin of Oakland, California served the Board from 2009 to 2018; **Kristin Harrison** of Pasadena, California served from 2012 to 2018; and **Janet Brownell** of Eastsound, Washington (right here on Orcas Island) served from 2014 to 2018—and that's after working on the year-round staff for three years as Development Director!

Thanks to Janet, Val and Kristin for their giving so much to Four Winds * Westward Ho.



The Master Plan

The Master Plan – documenting the past to plan for the future

Just a few pages ago, you read about some of the off-season work projects here at Four Winds. There is another project in the works that can't yet be seen, but has been in progress for years. It's called the "Master Plan", and as you can guess from the title, it is a blue-print of nearly every structure and area of Camp, and its goal is to preserve history while planning for the future at the same time.

"The purpose of this plan is to describe Four Winds facilities in order to preserve Ruth Brown's approach toward design," says Janet Brownell, a member of the FWWH Board of Trustees. "As with any facility, however, change is inevitable. This plan also addresses the practical need for improvements as they become necessary and desirable. In general, the Camp aesthetic is difficult to define, but aspects of it can be characterized."

The idea of creating an updated Master Plan (a similar project was done in the late 80s and early 90s and was out of date) started in spring of 2015, as evolving building codes and new materials, potential changes and additions to Camp's facilities, and concerns about maintaining Camp's aesthetic had been popping up in informal conversations among members of the Camp community.

"More and more valuable archive materials were being donated to camp, and we needed a space to display, organize and preserve those items," says Amy Fields, another member of the BOT who spearheaded the entire project. "At the same time, staff and the board were considering building a covered outdoor space to provide campers with shelter from rain and heat. We knew our 'jerry-rigged' recording studio needed to become a 'real' place. Changes in codes and new materials were affecting the aesthetics of Camp. We were looking for ways to consider these projects and issues while staying true to Miss Ruth's vision."

After reviewing the process, costs and benefits of a Master Plan, a group of Board members took on the task of researching 12 architectural firms throughout the country to request bids, eventually selecting a firm (DKA) from Portland, Oregon. Camp's Executive Director, Paul Sheridan, most of the Board Members, former Camp Directors Carlyn Kaiser Stark and Mike Douglas, a handful of alumnae and Camp's Maintenance Director, Rick Mollner, held numerous meetings and discussions before settling on what the Master Plan should entail. Using drawings, text, matrixes and photographs, the Plan will detail the following:

What Do Existing Buildings look like, in detail:

Including components, styles and types for doors, windows, roofs, colors, rails, siding, fences, etc.

Character Guidelines

Rules for siting buildings, open spaces, access, parking, paths, lighting, planting, massing, entries, and porches

Special Details regarding painting, signage, art, carvings, gates, etc.



What Future Projects Might Be Considered:

- Covered outdoor space
- Lodge shading and trip staging area
- Museum/Archive space
- Recording Studio
- Entry gate
- Cabin Restoration
- Gate rebuilding
- New septic system

The intricate details provided for each of those categories will be an extremely valuable tool for the current BOT and all future caretakers of Four Winds.

"We need tools for making decisions about maintenance, changes, and new projects while maintaining the spirit expressed in design that was established by Ruth Brown," says Amy Fields. "As codes, materials, costs, and camp's needs evolve, and things like colors and railing styles change through time, the plan and guidelines will accommodate them while maintaining Ruth Brown's ways of thinking about and her attitude toward design."

And while Four Winds today looks incredibly similar as the first days some 92 years ago, the reality of life is that some things do indeed have to change. With the help of the Master Plan, those changes will feel like they belong at Camp.

"We aren't trying to make sure that everything looks exactly like it did in 1927," says Amy Fields. "Rather, fine craft, honest use of materials, folk arts, improvisation (especially when in a pinch), thriftiness, practicality, impracticality, creativity, delightful place making, and beauty comprise traditions that preserve history and give us the feeling that 'Camp hasn't changed.'"



Supporting Four Winds Financially

Ways to Give and Help Camp

Four Winds is a 501(c) 3 non-profit corporation, and as such, we rely on the generosity of donors to offset the costs within our annual budget. Donations are crucial to our operations, and help support our programs, facilities and Financial Aid. During 2018 alone, we received more than **\$500,000** in donations. We are humbled, grateful and forever thankful for the loyalty and support we receive, and would like to thank everyone who gives to FWWH. Without your kindness and sharing, Camp would be a very different place.

Here are some of the ways donors contribute to Four Winds:

Cash Donations: Via cash, checks, credit card, Pay Pal or stock transfers, generous people send us gifts of various sizes. Those gifts can be directed to specific areas of Camp, such as "Programs and Preservation" or "Financial Aid."

Gifts in Honor and Gifts on Memory: Want to recognize someone's birthday with a thoughtful and unique gift? Many people donate to Camp in "honor" of a friend or loved one. We'll send the person being honored a card letting them know about your gift. Want to remember someone who loved Camp and has passed away? Donate in their "memory". We will send a card to the family of the one being remembered to let the family know of your donation.

Annual fundraisers: Each year we create a Wish List of items we need for Camp, and each year generous donors offer to supply them. Everything from new sails to dodge balls, pottery glaze to a piano bench, and this year, new ties for staff and campers! The Wish List is such a fun way to support Camp.

The May Match is an annual one-day fundraiser where FWWH receives a matching donation of 20-percent of whatever we raise that day. Last year we raised more than \$86,000 in our phone-a-thon! Mark your calendar: This year's May Match will be on **Tuesday, May 7th.**



Another annual fundraiser we participate in is "**Camp Moves Me**", which is run by the American Camp Association. In October, Camp staff and alums pledge to exercise in exchange for donations. Similar to a "walk-a-thon", our team raises money for each step, pedal, swim stroke, hike, yoga session or even Polar Bear Plunge they accomplish in a month. The proceeds go to our Financial Aid Program.



The \$100,000 Club: The painted wooden flowers on the ceiling of the Craft Court's southern building have a special meaning at Four Winds, but not many people know what they represent. These flowers—which look like the flowers you see on the lodge ceiling during Evening Fire—are hung to honor people who have surpassed **\$100,000** in lifetime donations. The flowers do not have names on them, but rather, we acknowledge the donors on a legend that hangs on the wall, matching the flower to the donor(s).

We are excited to announce that the group added another member this year. **Emily Dachs Taylor** (camper '94-'98; staff '03-'04) passed that milestone figure last December. There will now be 17 hanging flowers—and maybe someday we will cover the entire ceiling! We appreciate every donation, and are so grateful for everyone that gives to Camp.





Miss Ruth

The Ruth Brown Legacy Club: Another meaningful way to donate that is becoming more common is “Planned Giving,” where you add Four Winds to your estate plan (or will). This method is convenient and allows you to defer your donation until after you pass away. It’s also easy to set up: An outright charitable bequest of through your will can be as simple as asking your attorney to modify your will. Another way is to name Four Winds as a designated beneficiary of a portion of your retirement plan, insurance policy, bank or brokerage account, or donor advised fund. Finally, there can be significant tax benefits to setting up such a gift.

This year we received two significant donations from the estates of alums who passed away and had identified Four Winds in their will. Those two donations alone added up to \$150,000. Through their caring—and planning—those alums will help Camp for years to come.

When you identify FWWH as a beneficiary in your will, you become a member of the Ruth A. Brown Legacy Club. There are currently 35 people or families that have told us Camp is in their will, and thus are members of the RAB Legacy Club.

Bequests or beneficiary designations are not permanent and you can modify them at any time. And, whatever amounts you might be considering can be private between you and your attorney or financial advisor/account administrator. And, remember that bequests and beneficiary designations do not affect the donor’s current financial situation.

If you are interested in learning more about Planned Giving, we can help. Email mike@fourwindscamp.org to find out how you can become part of the Ruth A. Brown Legacy Club. For details about giving to camp, go to our website and click on the link called [Giving to Camp](#).

A Little Peek inside the Sandalwood Box

Poetry has always been a big part of Four Winds * Westward Ho, and it’s especially touching to read poems written by our campers when they are *not* at Camp. Here are two poems written during the last school year by 14-year-old C.C. Shaw, who has been at Camp for the last five summers.

“I go to music; The songs that tell the past and present that keep you alive.

The friends that envelop you in hugs when you run into their arms on the wide Greenie Hill.

Horses that nicker in their stalls, that carry you across the fields filled with yellow hay.

The distant camp that fills me with love, that tastes like summer, that reminds me of me.”

—From the poem “Four Winds * Westward Ho.”

“Each morning, before breakfast and stairs, we gathered with friends in the fresh morning air.

Shoulders brushing, waiting to start the songs we sing loud that we all know by heart. We stood in a circle, shoulders brushing, waiting to start; the songs we sing loud that we all know by heart.

It means something special. A place that unites us and never holds fuss; Because Camp will be the place that all of us turn to, when we are low; Because we all know, that Greenie unites us.”

—From the poem “Greenie Hill”

The Ruth Brown Legacy Club Members:

3 Anonymous RAB
Legacy Donors

Arden & Brad Hofler

Barbara W. Demere

Bruce & Marty Coffey

Carlyn Kaiser Stark

Charles & Alberta Lamson

Dave & Mary Beth Baker

David & Akemi Louchheim

David Lowy

Diana Wiegel

Don Friday

Dr. Kris Saldine

Eleanor Dootson

Elizabeth Crispin

Emily Glass & Gerry Santillan

George & Marion Mohler

Jackson Payne Ballard

John DesCamp

Karin McKinnell

Katie & Jess Weinstein

Margaret E. Enderlein

Marilyn J. Anderson

Megan McCaslin

Melissa Palmer and
Michael Marshall

Mike & Sharon Douglas

Nate Benjamin

Paul & Linda Sheridan

Pieter Van Zandt

Sam & Cynthia Coleman

Sarah Baker Morgan

Valerie & Scott Corvin

Wendy Gilbaugh Kelley &
Steve Kelley

Notes About Camp

E year, shortly after our summer sessions are finished, we send a survey to each camper family. On one page, we ask the parents to share their perspective of how Camp impacted their child. On the next page, we ask the campers themselves for feedback, including what activities they would like us to add. Here are some of the responses we got about the 2018 summer:

From parents: How did you expect your child to grow, and what changes did you see after camp?

"She came back smiling for the first time in months. We feel strongly committed to Four Winds as a welcoming refuge in a busy world. My children feel wholly supported at Camp."

—Parent of 12 year-old girl

He displayed a greater comfort of who he is and that he has a lot to offer to the world. Four Winds is so good for his soul."

—Parent of a 10 year-old boy

"She came back from Camp with a skip in her step—an added boost of confidence

—Parent of 16 year-old girl

"He is more independent than ever. He is cleaning his room without being prompted. He is also calmer and not as easily frustrated by the 'small things' in life."

—Parent of a 10 year-old boy

"We saw pride and joy after her week. She felt so accomplished after working through making friends and homesickness. She also laughs a lot as she describes her days. She had fun!

—Parent of a 9 year-old girl)

"We expected him to come home with more appreciation for everything and hopefully try and eat new/more foods, and BOTH of these things happened. We are so happy with the positive growth we saw and still see in him."

—Parent of a 9 year-old boy

"We hoped to see her independence, courage and self-confidence grow and change. She grew in each area more than any of us hoped for or expected."

—Parent of 12 year-old girl

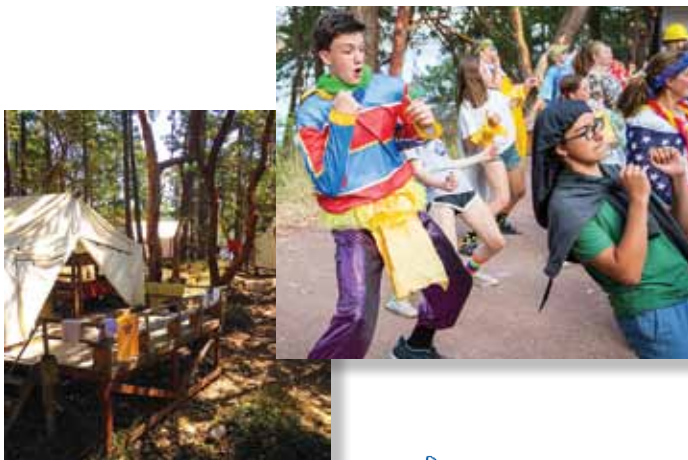
"Evert summer she comes home SUPER happy. She grows more independence and self-confidence, and loves being with like-minded friends who care so much for each other."

—Parent of 14 year-old girl



From campers: Here is a list of what activities they would like to see us add—some perhaps more realistic than others!

- Football.
- Baseball.
- Gymnastics.
- Fishing.
- Funyak adventures to Victim Island and Long Beach.
- Slackline.
- Snorkeling.
- Biking.
- Waterskiing.
- Spray paint.
- And finally, a 'Capture the Chicken' class (which would be **"AWESOME"** according the boy who suggested it.)



80's Facebook Group and Reunion

The Power of Technology Touching a Tech-Free Camp

Four Winds * Westward Ho is famously “tech free”—no screens, phones, iPads or video games allowed. So it is a bit ironic that one of the largest and most active alumni groups from FWWH was created, fueled and is exploding thanks largely to technology. Meet the “Four Winds * Westward Ho 1980s Alumnae Group” on Facebook.

“The idea came to me after I ran into a camper from my era (Amy O’Shea Hunt),” says [Adrian ‘A.J. Jones \(camper ‘82–‘86; CT ‘86 & ‘86\)](#), who created the group. “Speaking with her sparked a lot of reflection about camp which then triggered an unexpected wave of nostalgia. I began poring over all my old photos and even posted one on Facebook. I realized that 99% of the people who saw that photo wouldn’t understand what’s behind it: the traditions, the friendships, the songs, all the laughter and greenie hill. So I looked for a Four Winds group on Facebook where I could reengage with fellow campers and really couldn’t find much. That’s when I decided to start one.”

The reaction to A.J.’s group was overwhelming.

“Truth be told, I didn’t have many expectations about how things would unfold,” says A.J. “I was secretly hoping I could get 25-30 members. I invited a few people to join and then it just took off over-night. I was blown away and very happy that fellow alumni similarly felt the need to reconnect. Right now, we have 230 members!”

A.J. says fellow alumnae like [Charlotte Stimson-Ottley \(camper ‘82, ‘84 & ‘85\)](#) and [Katie Wisdom-Weinstein \(camper ‘79–‘83; staff ‘87–‘96; Board ‘95 & ‘96\)](#) were instrumental in inviting friends to join the group, and have been active contributors. As the group continues to grow, A.J. is reminded of the power of Four Winds Camp and its ability to hatch lifelong friendships.

“It’s the shared experience which gives us a unique language and lens through which to see the world,” he says. “For most alums, we loved our time as campers and counselors, and in my case it left a profound mark on me. I know others feel the same way, and it’s really impossible to go back to those days and memories with non-campers. I also think that we’re all in a place in our lives where we might need that magical camp connection. Parents are aging, children are moving out of the house, at times it feels as if the world has gone mad yet when you are able to bring back Four Winds into your life you remember the Gypsy goodness and the laughter. Many people reached have out to me and said, ‘Thank you, I needed this.’”

People like Charlotte Stimson-Ottley.

“After not having any contact with fellow camper Adrian Jones since I was 14, out of the blue, AJ reached out to me last December and Gypsy magic overcame both of us,” said Charlotte. “We had a long talk about our mutual love of FW*WH. It was so heart-warming to be able to reconnect with so many campers and counselors.” The 80’s Alumnae Facebook group took their reconnection to the next level at the end of March, putting together a reunion in the Bay Area. More than 20 people gathered to share memories in person that they’ve been sharing on the internet.

“We had an incredible night with a great group of FW*WH 80’s alumni,” Charlotte said the day after the reunion. “We all had a blast catching up with each other and then we each got to share our favorite FW*WH memories. There were

So many heart-warming and hilarious stories. My favorite part of the night was being able to sing camp songs with dear camp friends!”

Reaching out to alumnae from the same era was a home run for AJ and the rest of his group. Maybe it will inspire other alumnae to do the same. 60s? 70s? 90s? 2000s? More recent years? Even geographical — how about a Seattle-area FB group? The options are numerous, and could lead to some special reunions.

“This has meant a lot,” says A.J. “I’ve reconnected with a bunch of fellow alumni and it’s great to see how people have been adulting. I now I have a place that I can go post a picture or memory or something related to Camp and people will understand. To see people sharing art, photos, music, stories is so wonderful it fills up my soul in a way.”



Adrian “A.J.” Jones and Charlotte Stimson Ottley



Left to right: Andrea Mead, Jason Taormino, Ann Douglas Jessen, Marni McLoughlin, Adrian Jones, Carolyn Pritchard



Joe Thoron and Andrew Foster



Liz Thoron, Cheryl Rode, and Leah Melkin

Alumni News



Elizabeth Poole's drawing for her grandchild, Sierra Campbell



John Thompson in Venice

Zoe Hare and husband Charles



Anne Speer (camper '51-'54) I am now living by the ocean and loving my daily journeys to the beach which is right at the end of the property here at Pt. Grey in Vancouver, BC. It is so wonderful living right on the water overlooking English Bay. So my ties to the ocean which started at Camp continue!

Elizabeth "Miss Lisa" Poole (camper '57; staff '67-'69) I just created this drawing for Sierra Campbell's 13th birthday. As you can see, it is Four Winds influenced. I learned at Four Winds that it was possible to make life-long friends which I treasure to this day. My memories are always fond of my days at camp, and I am thrilled that my grandchildren—Sierra and Lincoln Campbell—will be fourth generation campers this summer!



Barclay Braden (camper '54-'56; staff '59) I'm excited to share some happy news with you and the Camp community! My book, *Faith at Hand: Finding my Way to Depth Journaling*, is now published and available on Amazon. My experience at Camp is an integral part of an early chapter in the book.

I am a traditionally trained psychologist, educated in the prevailing paradigms of my era. I was firmly grounded in observable, tangible reality. The last thing I ever expected to discover was an undoubtable inner voice from some deep, mysterious, invisible realm.

It all started on a porch in Maine, on an island reminiscent of Orcas. I was at a turning point. Nearing forty, I'd begun to recognize unfamiliar longings that perplexed me. The "Aha" moment came by surprise, and I believe it was triggered by the poetry and beauty of an outdoor setting, very much in the spirit of our Sunday Assemblies at Camp. I soon began a series of transformative experiences that contained both psychological and spiritual dimensions.

A twenty-year exploration followed, during which I moved from my traditional training as a psychologist to an ardent fascination with moment-to-moment appreciation. Along the way, I discovered a method for self-inquiry I've come to call "Depth Journaling"—using your nondominant hand to address important life questions. I tried writing a question with my regular right hand. Then, with my other hand, while listening quietly, I allowed the answer to emerge. I was astounded to find an unexpected voice of encouragement and fresh understanding.

Read the story of how I made my way through this series of significant steps. Learn a simple but profound writing tool for revealing new perspective. I'm thrilled that *Faith at Hand: Finding my Way to Depth Journaling* is now available as an e-book or in paperback. Or for a brief look, visit barclaybraden.com or email me with your questions or discoveries: BarclayBraden@gmail.com.



Linda Good (camper '63; staff '72-77 & '98) Len and I just celebrated our 57th anniversary. We still live on Whidbey Island and I'm still teaching music. Nancye, Paul, Faye and Jason will be moving to a place they found in upstate N.Y. Jason is age 17 and will graduate from Brooklyn Latin in 2020. Nancye did a Wilderness camp in the Virgin Islands in February. Find her on line at "Earth Living Skills."

John Thompson (staff '69-'72) I recently went to France and Italy, enjoying as much art possible. There is so much to see in Florence; it was special to actually see the real Van Gogh "Starry Night." Venice museums were also awesome—but flying over Iceland rocked my once in a lifetime box of pleasures!

Zoe Hare (camper '69; CT '70-'71) My husband and I moved from Scottsdale, Arizona to Kirkland, Washington a little over 3 years ago. We are in love with the geography, climate, culture and everything else Pacific Northwest. We ventured over to Orcas Island 2 years ago and were able to walk all thru the property a week before camp commenced. So many amazing memories!!!! My summers at Four Winds were some of my best experiences.

Melissa Palmer (camper '79–'84; CT '85; AC '86; staff '87, '88, '93 & '94; Board of Trustees '13–'18) and **Jojo Marshall** (camper '11–'18) Despite the fact that she doesn't like to do dishes at home, Jojo is thrilled to be a Helping Hand Dishwasher this summer with many of her Gypsy pals who go back to her earliest days at camp. We toured the Pacific Northwest in March looking at colleges, and as you might expect, Jojo ran into Four Winds people everywhere—**Noelle Scheer** Is a freshman at Whitman College in Walla Walla, WA, and she called CT mom, **Amanda Koskinen**, to join us for dinner in Seattle. (About half way through dinner with Amanda, I realized her mom is **Sue Clauson**, whose long and devoted service to the Four Winds board is the stuff of legend.) Though she didn't spot any fellow campers at the University of Puget Sound, the salty, briny smell of the nearby sound and all of the beautiful trees gave us both strong camp vibes. It's been a pretty dreamy week in this very special part of the world that makes us both feel so much closer to Four Winds.



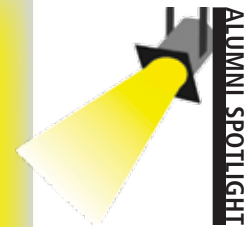
Jojo, Melissa, Catie Rose and Michael



Ann Fromholz (camper '80–'83; staff '87, '89, '90, '93–'94) I have practiced employment law for nearly 25 years. For the past four years, I have focused almost exclusively on conducting investigations in workplaces and on college campuses into allegations of sexual harassment and sexual violence. Since the #metoo movement began in the fall of 2017, I've not only been very busy but also have been interviewed and quoted by publications such as *The Wall Street Journal* and *The Hollywood Reporter*.

I've been selected a Southern California Super Lawyer every year since 2014, and this year was selected on of the "Top 50 women lawyers in Southern California." I also continue to work on the problem of domestic violence. I am on the board of the LA County Bar Association Domestic Violence Project, and volunteer with the project helping victims of domestic violence apply for restraining orders.

When I'm not doing all that, I spend time with my 9-year-old daughter Alden.



Shelly Machell (camper '81–'84) I'm in Australia on holiday. Here's a photo for Pigeon Wing from the Blue Mountains outside Sydney.... I was Shelly Wisner (now Machell) at 2nd session 81–84 from the small but proud Santa Barbara contingent. I now live in Thousand Oaks CA with my husband Simon and our kids Grace (14) and Harry (11) and am delighted to be catching up with old camp friends through the new 80's Facebook page.

Julie Teel Simmonds (camper '82–'88; CT '89; AC '91) I am loving the FWWH 80's reunion page on Facebook and am so excited for our son Wiley to experience Junior Session this year as a rising 2nd grader. Last September, I re-joined the Center for Biological Diversity as an attorney in their Oceans Program. I actually get to work on Southern Resident killer whale (orca) issues, which makes me feel that much closer in spirit to our beloved Orcas Island and Salish Sea.

Our daughter, Willa, is in Kindergarten and is also a nature lover, but with an equal interest in ballet, rainbows, unicorns, art, soccer, fairies, and screen time. Ray is still working in quantum mechanics at NIST and commuting on his One Wheel (motorized skateboarding is a new obsession). We also just adopted a giant rescue dog named Norman, so that has rounded out our family life. Come visit! (P.S. Ray's hat says "Make Star Wars Great Again")



Julie Teel Simmonds and husband, Ray

Heather Niblo Klausner (staff '84 & '86) 16 years after first setting foot on Orcas as a counselor at FWWH, my husband, Howie, and I bought our dream house on the island in 2000 where we raised our three daughters. We now live in Nashville area where I am still a photographer, but visit Orcas regularly. I am so excited my daughter, Kate Klausner, will be a counselor at camp this year! She is exact age I was when I first came to FWWH! Excited for her to experience the magic. I enjoy staying in touch with camp pals, **David Louchheim**, **Amy LaTrielle**, **Melanie Novack Piziali** and others from the mid 80's—and I have enjoyed reconnecting with past counselors and campers on the 80s Facebook page.

Nicole Lenzi Amideo (camper '86–'89; CT '90; HH '91; AC '91; staff '97, '00–'01; Head of Girls '98–'99) I am fortunate to live by my two sisters (fellow alumni: **Kendra** and **Sonya Lenzi**) in Boise, ID where we can have intense family 4-square games. Fellow alumni traveling through the area should look us up and challenge us to a friendly game. For the last 16 years I have worked as a PA (Physician Assistant) and truly love my job at the Boise VA where I treat some pretty amazing Veterans. I loved introducing my husband and daughter to Four Winds for



Nicole Lenzi Amideo and family

Alumni News, continued



Vanessa Pape and family



Daphne Edwards Opperman and family



Anne, Lucy and Wally



Stephanie Schuman Nebenzahl and husband Adam

the 90th Reunion and reconnecting with lots of old friends (too many to count). I had not seen **Matt Murray** since the early 1990's and it was great to catch up. It was fantastic to share a tent with **Heather Foster**, whom I had not seen since 1987 when we were both in Wondervogel with **Ann Fromholz** as our counselor. As I get older I realize how important Four Winds was in helping shape me into the individual I am today, and for that I will be forever grateful. Though I am still holding out hope for an alumni week at one point, but then I will want it to be four weeks because "Once you have slept on an island..." I am hopeful that my daughter can experience the gypsy magic of Four Winds and it will be so special to see camp through her eyes. Please feel free to contact me at niclenzi@gmail.com. I would love to reconnect with Joan and Susan Taylor from Hawaii.

Sarah Rutledge (camper '89-'94; CT '96; AC '97; staff '99) We have some news to share. Will and I just welcomed baby #4! Georgia Gertrude Crump was greeted by big sibs; Henry, Louisa and Mary Grace on March 4th. Henry can't wait to start his first full session at camp this summer.

Vanessa Pape (camper '92-'95; CT '94) Dean and I moved from Oregon six years ago and have settled into life in Boise, ID. We love the community, schools, outdoor activities and of course, the much "less damp" desert air! We have three kids: twins Cal "Wally" and Eloise Jane (9) and Fletcher Dean (7), who will all be attending Junior Session this year! We are so excited for them to experience the wonders of Four Winds Westward Ho.

With more time on my hands with kids in school, I have started my own interior decorating business, HH Home Couture. I am busy with commercial and residential projects...including a huge home remodel for our family. Dean is running a successful real estate development company and has projects all over the Northwest.

Daphne Edwards Opperman (camper '90-'96; CT '97; staff '98-'02) I live in Walnut Creek, CA with my husband Matt and three boys, Ben (6), Charlie (5) and Joey (1). I cherish my friendships with all of my friends from camp and annually do a girls' trip with: left to right: **Perrin Rowe Redford**, **Rebecca Homer-Smith Dearie**, **Ann Russell Felton**, **Alice Crebs Tumilty**, **Sarah Rutledge Crump**, **Cary Harder Hueser**, and **Whitney Birdwell**. This year we're heading to Orcas!! Can't wait til my boys are old enough to experience the same Gypsy magic I got to!! Camp holds such a special place in my heart!!!



Anne Braveman Gips (camper '90-'93; CT '97) Anne lives in Studio City, CA with her husband, Archie, daughter Lucy Quinn (age 3) and son Wallace Wolf (9 months as of this writing). Anne is Associate General Counsel at Warner Bros. Pictures, where she recently worked on The LEGO Movie Sequel and the forthcoming film adaptation of "The Goldfinch."

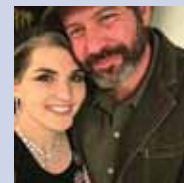
Anne and her sister (and fellow alum), **Lizzie Leader** (camper '97-'00), love singing camp songs to this new generation. Lucy loves "House at Pooh Corner" and Wally is partial to "Land of Odin." Anne has loved connecting with her fellow gypsies over social media and still believes that if "once you have slept on an island you'll never be quite the same."

Stephanie Schuman Nebenzahl (camper '93-'99; CT '01; AC '02; staff '03-'04) My husband Adam and I got married in September, 2017. We are moving from San Diego, CA to Silverdale, WA for Adam's work (he's in the Navy) this spring. I am extremely excited to live in the Pacific Northwest for a few years. I had the pleasure of taking my husband to visit camp in June 2018. Although it had been seven years since my last visit, the emotions I felt while there were the same as if I was a camper arriving for the first day of Second Session. I look forward to living closer to Camp friends I have stayed in touch with throughout the years, and reconnecting with others who live in the area.

Alex Neureuter (camper '94-'97; staff '06-'09) Alex will be heading to the Northwest again this summer to run her first full marathon in June on San Juan Island. She's looking forward to being back in the islands for the first time in ten years and is especially excited to introduce her boyfriend, Peter, to Camp.



Mary Russell Newman (camper '95-'00; CT '01, AC '02-'04 & '07) and **Tommy Newman** (camper '96-'00; CT '01; staff '03-'07) welcomed Isobel Katherine Newman (2028) to the world on March 4th, 2019. Her older sister, Josephine Newman (2025), is enjoying her new status as a big sister.



Ali Walker (camper '97-'04; 'CT '05; HH '05; staff '08-'14 & '16) Ali met George Budnick in the summer of 2016 while working as Head of Girls at Four Winds. The next January, she moved in with him on Orcas Island, and on March 30th, 2019, they tied the knot at White Sands National Monument in New Mexico, surrounded by family, friends, and multiple Four Winds alumni and current staff. Ali is ecstatic to have met the man of her dreams on the island that will she always considered home!

Matt Lundeberg (camper '98-'02; staff: '03 & '04, '08 & '09) I live in Portland, Oregon and work as a clinical psychologist at the Portland Autism Center. In my free time, I try to get to the Oregon coast as much as possible and I am also working on growing my personal library of books on the history of Disneyland.



Zizzy Chamberlain (camper '01-'08; HH '09; AC '10; staff '11-'14) and **Oliver Field** (camper '03-'07; HH '09; AC '10; staff '11-'12) We moved from the Pacific Northwest to Milwaukee two years ago for Oliver's work, and as much as we love the Midwest, we are relocating AGAIN shortly after the wedding. This time to North Carolina where Oliver will be attending graduate school at Duke University, studying business to get his MBA.



Our other big news is that we are getting married this June on Orcas Island! We couldn't imagine getting married anywhere other than where it all started. We are so excited for this next chapter in our lives and are so lucky that Four Winds brought us together and taught us to embrace adventure! To share our love of FWWH, we have dedicated part of our wedding registry as a donation portal for Camp. Go to this website to support our wedding while supporting one of our favorite places on earth! <http://oliverandzizzy.minted.us/registry>

Blair Mullins (camper '00-'06; CT '07) I will be getting married this summer, and my best friend from camp, Ali Wangeman is one of my bridesmaids!



Jessica "Jessi" Gudgel (camper '02-'04) I am currently serving as a Community Health volunteer in the Peace Corps in Perú. Peace Corps volunteers work alongside the governments of our host countries to support goals that they have identified for their country. The main goals I am working on are prevention of anemia and chronic malnutrition in children under the age of 3, and prevention of teenage pregnancy through development of leadership skills and education in the local high school.

I have been drawn to the Peace Corps since the end of high school and have always been inspired to live and serve abroad in a long term setting (in this case 27 months, just over two years). My upbringing on Orcas Island and the philanthropic and supportive community I was raised in inspired me to leave my comfort zone and work serving others in another part of the world. FWWH also inspires this mindset of helping others.

After participating in Semester at Sea during my studies at the University of Oregon I had the opportunity to briefly travel through countries in Africa and Asia. This experience cemented my dream to be a Peace Corps Volunteer.

After I wrap up my time here, I hope to pursue a degree in nursing and move back to the West coast. Who knows what the next adventure will bring, Peace Corps brings new opportunities stateside as well so I am open minded to where I end up in my next chapter but I would like to be closer to family.

The Peace Corps Community is really a spectacular group to be a part of and I'm so thankful to be one. Peace Corps' motto is "The toughest job you'll ever love", and it definitely is that. The most challenging experience of my life it has helped me to grow in ways I never thought possible, I wouldn't trade my time here in my community for the world. My host family has truly become family and my neighbors and the children in my site have made this experience more wonderful than I could have ever imagined. I am forever grateful.



Left to right: Katherine Walker (97-01), Aaron Smith (97-14), Hannah Crichton, Ali, George, Emily Lewis (00-06, 08-10), Miranda Middleton (96-02, 10), Casey Ostrander (08-14, 18-19)



Blair Mullins and her fiancé



Alumni News, continued



Left: Morgan Hanseen;
right: McKenzie Deutsch

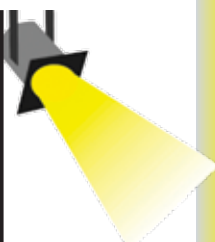


Sydney and Charles Heath



Vasilisa Smith

ALUMNI SPOTLIGHT



McKenzie Deutsch (camper '04-'09 & '12; CT '13; HH '14) I'm graduating this spring from Scripps College with a degree in Political Science. After graduation, I plan to do some traveling in Asia/Africa and to spend time at home in Washington before I decide what to do next! I was able to visit Orcas Island last summer with my friend (and fellow camper) Morgan Hanseen. We met at Camp years ago and have been friends ever since. Always wishing the best to everyone at Four Winds!



Gates McGavick ('06-'07) Gates graduates from the University of Notre Dame this spring, and has spent the past year serving as Student Body President. (photo on right)

Marco McGavick ('07 & '09) Marco is finishing his second year at the U.S. Naval Academy (Annapolis MD), where he is majoring in Robotics. The McGavick family has such fond memories of Four Winds! (photo on left)



Sydney Heath (camper '07-'14) and **Charles Heath** (camper '11-'16) Sydney is a student at Claremont McKenna, class of 2022. Here she is with **Emily Spielmann**, a fellow camper and Claremont McKenna student, hiking in Joshua Tree, CA. After that, they went skiing in Aspen and then to Palm Springs.



Charles is a junior in high school. He is still traveling to squash tournaments all over the country. Charlie spent last summer living alone in Cartagena, Colombia coaching young players in an urban program for underprivileged youth, and teaching them English while improving his Spanish.

Vasilisa Smith (camper '09) I am currently coming to the end of my second year as an elementary special education teacher in Chicago, IL. I was recently accepted into my dream program, a 'Master of Public Policy' program, at both the University of Chicago and Georgetown. I am looking forward to making the tough choice about where to spend my next two years!

Sarah Woo (camper '09-'14; CT '15; staff '18) I attend Pomona-Pitzer College, one of the seven Claremont Colleges. Claremont has a record label called "Live Your Best Life (LYBL) Records" that was started this year, and it gives students an opportunity to put music they wrote on all platforms, funded by the school. We have access to a small recording studio with minimal equipment in the basement of the dining hall, but we do what we can to make it work for us despite it being far from a professional recording studio. I submitted an assortment of simple recordings I had made for some songs I wrote, and was chosen to be one of the LYBL artists!



"Take Time" is the first one I wanted to share, and I have a couple more that are in the works right now I hope to release by the end of the year. I wrote "Take Time" sitting on the top of Greenie Hill looking out across the bay towards The Helm. I wrote it about coming back to Four Winds, and how what Four Winds means to me has changed over the years. I end the song by stringing together different parts of my favorite Camp songs, as well as the most important lyrics that have spoken to me over the years.

The two most common ways to listen to "Take Time" are on Spotify and Apple Music. If you search "Take Time Sarah Woo" it will pop up. Spotify Link: <https://open.spotify.com/track/3eltVFLJAQn8Kusl6UgG4y?si=nsVGPV49ShefLHSZqlO5eQ>

Besides my music, I am studying Marine Science and Policy Communication as my major at Pitzer College, and in my free time with that and playing on the Pomona-Pitzer Lacrosse team (DIII NCAA), I hope to pursue a music career. This summer, I hope to spend more time writing songs and hopefully trying to get my music out to a larger audience. I'm sad I won't be at camp this summer, but I am doing a science-related internship relative to my major that is a wonderful opportunity.



Pippa Lothar (camper '10–'11) Pippa is graduating high school with high honors, and considering options for college. She founded and handles all communication and events for an environmental cleanup group named "Clean Hoover". The student-led organization holds monthly cleanup days. She's also Jazz singer solo for her high school Jazz Band. She credits Four Winds for developing her skills to interact and be outgoing.

Savannah Spatafora (camper '11–'17; staff '18) Thriving at UCLA's School of Theatre, Film and Television and was just inducted into UCLA's National Honor Societies.

Haley and Chelsea Worrell (campers '11–'15) This past summer, Haley and Chelsea Worrell explored Europe for several weeks along with their cabin mates from Crow's Nest, **Sophie Kelisky**, **Abby Lawson**, **Isabel Murr** and **Emily Spielmann**. Haley is a freshman at the University of Massachusetts in Amherst. Chelsea is a freshman at Miami University in Oxford, Ohio.

Stefan Bancroft (staff '11–'15) 'm getting married in July to my lovely fiancée, Sarah. We met in Melbourne, Australia, where I moved after my last year at Camp. We're getting married at the Bristol Zoo and looking to buy our first home in the winter.



Genevieve Perkins (camper '12–'13) I'll be heading into my senior year at University of Portland this fall, working towards a degree in Biology while also being in the German Studies Honors Program. Now I am starting to look at nursing programs for after graduation!

Orion Spatafora (camper '13–'16 & '18–'19) Became an EAGLE SCOUT in the Official Ceremony in November 2018. Orion also launched the first Student Film Festival as the President of his High School's Film Club. He also served as Senior Patrol Leader of the entire Troop, Troop 223 in Pacific Palisades, CA, made up of over 150 Scouts and Crew Leader of his last High Adventure Trip—both top leadership positions.

Latebreaking news; sorry they are out of chronological order!

Jeff Winckler (staff '92–'96; Head of Boys Camp; CT dad; Board '02–'10) These days, Jeff and his family call the South Bay of Los Angeles home, an area where Jeff has lived for over twenty years. Jeff and his wife, Becki, reside in Manhattan Beach along with their daughter Lily (12) and son Ben (10). Lily will be a 5th year intermediate camper this summer.

Jeff works in the neighboring city of Redondo Beach where he is the principal of an elementary school and has worked in the education field for over twenty years. Jeff attributes much of his mind-set and how he operates as a school leader to the many things he learned and experienced at Four Winds. In what spare time he has, Jeff loves being outdoors and traveling.

Jennifer Kritz (camper '84–'91) From Southern California but moved east for college (New York) and have been east for 24 (!) years. Live in Boston now. Married with two sons (5 and almost 9) and head up communications for a Boston hospital. Wondering if cross-country summer camp is in the cards for my kiddos. XOXO



Nancy Netherland (camper '76–'78; CT '80–'81; staff '81–'82) I went to UC-Santa Cruz because—kid you not—I hung out with Doug Fleming on my college tour and he was playing music on the mall - enough for refreshments beachside- and I was like "Heck yes!". I went to grad school and began working with folks with AIDS and Cancer, then went into healthcare program design and fundraising. I'm married (lost my husband five years ago), have two kids, ages 11 and 12. Both got diagnosed with rare incurable diseases, and I started a new organization organization that, among other things, puts on camps for kids and their caregivers for those kids too sick to do regular camps. (www.kidsandcaregivers.com). I just graduated from Duke Integrative Health Coaching Program and am wrapping a program on the east coast: "Center for Mind Body Medicine", and just won a big award from the NIH for an advocacy and awareness campaign I created "Unicorns are rare—rare diseases are not"

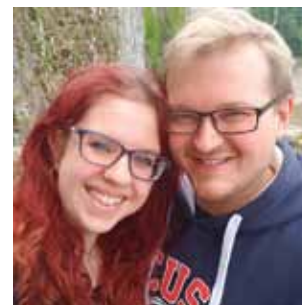
Jennifer Caleshu (camper '86–'91; CT '92; AC '93; staff '95–'96) I live in Marin near a number of alums and teach at UC Berkeley Haas School of Business and am an executive coach. My daughter went to Camp last year, and my son went to Camp the two years prior. I don't know that I've ever felt as "me" as when I was at camp, and I'm thrilled to see all these wonderful memories!



Pippa Lothar



Haley and Chelsea Worrell



Stefan Bancroft and fiancée Sarah



Becki, Ben, Jeff and Lily



Jennifer Kritz



Jennifer Caleshu



Susan Metcalf Robertson (May 6, 1926–November 8, 2018)
Camper '37–'40; staff '45–'49; Board '68–'85

Sue was born and raised in San Francisco, and graduated from UC Berkeley in 1944. She married Lawrence Metcalf in 1949 and together they raised two children. Throughout her life, Sue devoted much of her time supporting civic institutions of the Bay Area. Sue served as a member and President of the Junior League of San Francisco, as a director of the San Francisco SPCA, as a director of the Buck Family Foundation of Marin County and was an avid supporter of the San Francisco Children's Theatre.

Sue had a passion for world exploration that led her and Larry to travel extensively. Also, Sue was an enthusiastic athlete—skiing and hiking—and seen rooting for her beloved San Francisco Giants and attending every Olympic Game possible. Her sense of adventure continued after Larry passed away in 1990 and, returning to the allure of the San Juan Islands, she married her longtime friend, Philip Robertson in 1996. Together, they spent 15 years living on Shaw Island, sailing the coastal regions of the Northwest.

In recent years, year-round staff from FWWH had the chance to visit with Sue whenever we went to San Francisco for slide shows. Over coffee or lunch, Sue would tell us stories about her times at Camp, painting pictures of days gone by.

"Trips to the top of Mt. Constitution usually meant one group would ride horses to the top," she told us. "A few days later, a truck would drive different kids from Camp to the top of the mountain, drop off the second batch of kids who would ride the horses back to Camp while the first batch rode back in the truck."

"I worked in the barn during those years," she told us. "I remember waking up before breakfast to feed the horses. Sometimes I would just sleep in the barn to make it easier. I had a few boys working in the barn and they knew nothing about horses. They'd just sit on the hay bales smoking," she said, adding, with a laugh, "Until I yelled at them to get back to work."



Frederick W. Whitridge (Nov. 24, 1922–Sept. 25, 2018)
Board of Trustees 1975–1990

After a long and happy life, Fred Whitridge died peacefully at the age of 95 at his residence in San Francisco. Born in New York City, he attended Yale University before serving in the US Army during World War II. Fred moved to the west coast to begin a long career with the Zellerbach Paper Company until his retirement as Executive Vice President and member of the board.

After visiting the San Juan Islands for several family vacations, Fred and his wife of 53 years, Betty, bought land on Orcas Island—right across the road from Four Winds. It was during those years on Orcas that Fred became a philanthropic fixture on the island.

"Fred was a driving force for starting the Community Foundation on Orcas," said Hilary Canty, Executive Director of the Orcas Island Community Foundation. "He was a thoughtful, critical proponent of the OICF. His prodding pushed us to greater heights and while his grilling over lunch could be pointed, I miss him greatly."

With his formal manner and clipped New England accent, Fred was renowned for his storytelling and sharp wit, and his theatrical performances on Orcas were always the talk of the island. His active support for the work of many island nonprofits was also legendary. He took special interest in the mission of the

San Juan Preservation Trust, joining the Preservation Trust's Board of Trustees in 1984 and serving for 20 years.

"There will never be another one like him," says Tim Seifert, former executive director of the Preservation Trust. "Fred was a friend and mentor to many of us who have led nonprofits in this community. His generous spirit will live on in the work carried out by the organizations he believed in."

Fred's granddaughter, **Abby Whitridge Berman**, (camper: '84–'93; AC '95; staff '97) remembers his commitment to and love of FWWH:

"For many decades, Fred welcomed campers to his property with open arms," said Abby. "On a regular basis, Camp's horseback riders and horse carts could be seen making the loop through Arcady Farm. Special events like Gypsy Day and 4th of July were sure to draw campers across the road to enjoy picnics, treasure hunts and ice cream making in the apple orchard."

Over the span of 15 years, four of his grandchildren excitedly spent their summers attending camp. These moments were the highlight of their summers—an experience that are now being passed down to the next generation. Fred was a treasured member of the Four Winds community and he will be greatly missed."



Margaret (Peggy) Schiff Enderlein

(Jan. 26, 1924–April 23, 2018)

Camper '32–'42

From Peggy's son, Christopher:

"Peggy loved the Pacific Northwest and was dedicated to the conservation of wild lands near and far. She frequently commented how her years at Camp and the values instilled by Ruth Brown had shaped her life and the focus of her work. Peggy was passionate about the importance for young adults to learn the core principles of responsibility and stewardship early in their lives. Peggy believed that each young adult can make a difference in their community and the world environment. Her philosophy was that when youth spent time in the out of doors, they were also learning how to take care of their gear, what to leave behind, how to travel, that discomfort is part of life, and the importance of critical thinking in the face of adverse conditions and situations."



Peggy returned to Camp throughout her life and kept in close communication with the many friends made there. Her love for poetry and writing letters spanned her whole life and were directly influenced by her Camp years."



Four Winds has touched so many lives with its core values and deep friendships. It was a genuine pleasure to compose this summary telling briefly about Peggy and Camp and the reach it had into her life."



Mark "Odo" O'Doherty (May 4, 1958–Dec. 6, 2018)
Staff '80–'85; '93 & '94 Board of Trustees '90–'95

Odo passed away last December from cancer. At the time, he was living in Portland, OR and working as a fourth-grade teacher. From the single classroom he taught in for more than 32 years, Odo filled the lives of hundreds of students with learning, love, stories and song. He loved to play golf and was one of the founding members of The Mulligan Stooges, a treasured golf group of close friends. He stewed over his Oregon Ducks and followed the West Albany Bulldogs, where he was student body president and the starting center for their football team. He performed his fabulous Elvis impersonations during assemblies. On summer breaks while teaching, Odo traveled much of the Pacific Crest Trail. He found great joy in adventuring with friends in his camper, "The Beast." Bigger than life, with an incomparable wit, Odo's ability to entertain his friends was limitless.

One of Odo's closest Camp friends, **Doug Fleming** (staff '80, '81, '93 and '94), had this to say:

"I loved Odo. I will always love my friend. I loved working with Odo as counselors and I especially loved playing, performing and writing music. I loved the mutual respect we always had for each other, as guitarists and singers. (BTW, Odo was always better, yet he had a knack for making me feel like an equal.)"



Heck! I simply loved being around him. That sounds so simple...yet, it's a wonderful and rare thing that Odo had going on. I am sure that all of you campers, counselors, teachers, students, friends and family who were lucky enough to have known Odo can say the same thing: 'I simply loved being around him.' So simple. So beautiful. So true. So Odo."

Katie Wisdom Weinstein was a camper during Odo's years on staff, and was another of Odo's dear friends.



"I imagine him playing his guitar and telling stories," she wrote. "I remember some of his favorite lines and will lock them up in my heart: 'Sunset smells like dinner', or 'You'll wear the coat of questions til the answer hat is here.'"

I thank Odo for being an anchor, for turning into Camp lore but staying real to some of us, for the non-tennis hours, and the side-comments that made me laugh so hard. He was part of the amazing fabric of Four Winds Camp that kept us young at heart and filled us with the music. See you in Fiddler's Green, old friend."

Jackson Payne Ballard (May 20 1997–May 18, 2018);
Camper: 2006–'12; CT '13; HH '14; staff '15 & '16

From Jack's obituary:

Jack passed away May 18, 2018—two days shy of his 21st birthday—after a long fight with a rare genetic disease. He was surrounded by his family. Jack was born in 1997 in Vail, Colorado, a place where he felt truly at home exploring the mountains and rivers. He grew up in Ojai, CA and graduated from the Cate School in Carpinteria, CA before attending the University of Colorado.



During his time at Cate Jack became an accomplished rock climber and kayaker, as well as a strong, clever, kind young man. Jack's character shone especially brightly in his summers which he spent teaching sailing as a counselor at Four Winds - Westward Ho Cam. Those who knew him there learned much from him, both on and off the water, and it is easy to see that his spirit will always be strong there.

Passings, continued



One of Jack's friends from The Cate School shared this message with the student body:

"Words escape all of us in moments like this, and often the ones we do find are not up to the task. In Jack's case, that is especially true. Ms. Wyatt, Jack's advisor at Cate, recalls visiting Jack when the doctors had finally given him control of his medication. 'It was like the Jack we knew at Cate was back in the room,' she said. 'Laughing, and joking, and enjoying the company of friends.'"

Jack is still very much here at Cate. The faculty has been considering a new award to be given to a student whose growth over the years at Cate has been especially remarkable and conspicuous. Jack Ballard and the respect we all have for the path he traveled was the immediate catalyst for that discussion. Fittingly, the Miramar Award, in deference to the original name of the school, will be awarded this year for the first time, to a student who like Jack has shown us all what earnest endeavor and well-intended effort can do.

So we will be thinking of Jack on the dais again, trusting that he is at peace and hopefully enjoying the ceremony from a special perch."



Ulanah Roberta McCoy (July 2, 1962–Sept. 16, 2018)
Camper: '69, '76 & '77

Born in Friday Harbor on San Juan Island, Ulanah was an independent and strong soul from the beginning. She was introduced to the elements of nature at an early age, and by age four, she and her brother Kevin were learning the work ethic by hauling split firewood out of the woods.

For her 5th birthday, Ulanah received her own lavender and pale-yellow skiff, which she could row up the bay by herself to visit Mary Schoen just around the point. She grew up with pet dogs and cats, and was an avid cat lover the rest of her life.

Ulanah wanted to become a saddle and harness maker, so she enrolled at Spokane Falls (WA) Community College to learn the trade. While there, she joined the logger sports team and soon learned single buck, axe throwing, log burling and pole climbing. She was a natural, and was soon bringing in first place for the girl's side of the team.

After finishing her two years at SFCC, she entered the forestry department at SCC, and after finishing school she was able to use her knowledge of leather to repair harnesses for the forest service.

Ulanah also had a private pilot's license, and helicopter license, which allowed her to take a job in Spokane flying tourists north to visit the apple festivals. She settled in Spokane and worked for the U.S. Postal Service for 20 years before moving back to Orcas where she bought a house with a pond and soon had a garden, chickens, ducks and bees.

In 2014, Ulanah moved to Arizona, and began her battle with cancer. Rather than spend her last days with doctors, treatments and medicines, she chose to spend them hiking in the desert as long as she could. When that was not possible any longer, it was time for her journey home to Orcas. To the end, Ulanah was still her strong and independent self. She was looking forward to her next journey in life and where it might take her.



*2008 San Juan Island Beach Watchers graduates:
Ulanah McCoy is second from right in back row*

Passings, continued



John Bringloe (Jack) Helsell (Aug. 16, 1923–May 16, 2018)
Camper: '32–'41; staff '45 & '46, and '66 & '67

Jack grew up in the Seattle area and spent his summers at Four Winds—which he attended because his mother was best friends with FWWH founder, Ruth Brown. In 1932, Jack, along with Chuck Schiff, became the first male campers ever at FWWH. An avid outdoorsman, he enjoyed skiing, ski jumping, hiking, mountain climbing and sailing.

Jack graduated from Dartmouth College, where he earned a Master's Degree in mechanical engineering. He served during World War II, and, as a result of his boating experience, was asked to help run some of the smaller U.S. naval vessels stationed in Japan.

Returning to Seattle, Jack took a job as an engineer at Pacific Car and Foundry. In 1951 he married Jan McKillop. They settled in the Seattle area where they raised three daughters.

In 1967, Jack became Camp Director of FWWH – the first person other than Ruth Brown to run Camp. Jack and Jan then took over the Henderson Camp on Lopez Island, renaming it Camp Nor'Wester. Jack believed that as children mature they need physical challenge and meaningful work. Over the next 13 years, Jack's kind and steady leadership touched the lives of thousands of campers and staff—even though he never thought of himself as a "Camp Director", according to his wife, Jan.



"He used to say 'I'm not a singer and can't get up in front of the kids like Miss Ruth did'," says Jan. "But I think he was so good at it because he was just himself. He got to know the kids and did projects with them every day."

When Jack and Jan retired from Nor'Wester, they created a homestead on a piece of Helsell family property on Orcas Island, just a couple miles from Four Winds. Jack built a sawmill, and the first log went through the mill in 1975. From there, he and Jan spent the next 15 years building a barn, a log house, equipment sheds and workshops—all from timber logged on his land. The Helsells always welcomed campers to come visit, hike on their land and swim in their man-made lake.

Jack appreciated the natural environment of the San Juan Islands and the importance of preservation.. His goal was to create a place of natural beauty that would live on long after the end of his life—a living lesson in the importance of hard work and simple living. His deep curiosity about the world, his open-mindedness, sense of humor, generosity and kindness stayed with him until the day he died.



Above:
Jack and
Jan Helsell;
right: Jack's
memorial
service

In August of 2018, a large group of Jack's friends attended a memorial service on the Helsell property, an event that included singing of many Camp songs—highlighted by a rousing rendition of "Rolling Home".

"It was a beautiful day and a wonderful group of people from his life, including island folks and campers," said Jan. "He would've loved it."



Jack as a Four Winds camper



We are heartbroken that we lost an amazing Gypsy with the unexpected passing of **Patti Southard** (staff '86–'89). An incredible force of energy, light, love, hilarity and hijinks, Patti lead Canoe Trips at Camp. She took so many of us staffers (and later, grown up campers) under her wing to show us what real LIVING was through building community, sharing stories, opening her house to the many people from all the parts of her life, and keeping her friends and family close at hand and heart. Patti was filled with laughter and love.

Patti was no-nonsense about making sure her FWWH trips were safe, well-stocked, and that everyone was aware they would be working their tail off to paddle wherever the

waters were taking them. Once on the water or safely in camp, that naughty little glint would shine in her eye and you could expect to be roaring and crying from laughter from jokes and stories and generally be filled up with the light that was Patti Southard. Her capacity for pranks and shenanigans was legendary. We remember dressing up as "Kelp Krishnas" and taking the ferry with campers, playing tambourines for the ferry goers. She created hilarious awards and mad tin-foil Gypsy jewelry. She treated campers with respect and had high expectations of them that they usually met after a good trip with her. Patti made everyone want to be a better friend and person.

Patti was an artist through and through. She created mixed media pieces and loved working with recycled materials. Her life and house was full of color, music, art, and creativity.

Patti's professional life was nothing short of amazing and foundational to Seattle's green building industry. For the last 20 years, she was the program manager for "GreenTools" green building program in King County Washington. She ran the Sustainable Cities Program, which focuses on coordinating all of King County's 39 cities on built environment and climate related policies. Patti received many distinguished awards for her work in green building, LEED initiatives and sustainable development.

We will miss Patti's gypsy heart. Her capacity to love, bring people together and to listen was extraordinary. Our thoughts and love go out to her twin, Ellen, and the many people that were lucky to know Patti through work and life. We loved her down to her gypsy bones.



Left: Patti Southard and right: longtime Camp friend Fi Campbell

—**Katie Wisdom Weinstein**, camper '78–'83; staff '87–'96; assistant director '95 & '96; BOT '05 & '06





Four Winds, Inc.
Post Office Box 140
Deer Harbor, WA
98243

NON-PROFIT ORG
US POSTAGE
PAID
SEATTLE, WA
PERMIT NO. 1793

Stay Connected...and keep up with what's going on at Camp!

We always need your help keeping our database current. If you have changed any of your contact info—new email, phone number, etc.—let us know.

For former campers who still receive the Pigeon Wing at their parents' houses, please send us your own contact information. And if you have never received an email from us, send us your email address. We send great email missives throughout the year and want to make sure you don't miss them.

Also, stay in the loop during the entire year through these various means:

Website: www.fourwindscamp.org

Facebook: www.facebook.com/fourwindscamp

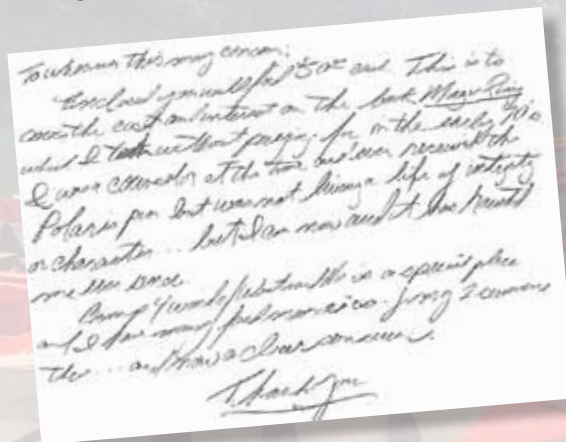
Twitter: twitter.com/fourwindscamp

Email: mike@fourwindscamp.org

Phone: 360.376.2277 or
541.408.5511



Every so often—in fact, quite often—we are treated to an experience that just “feels like Camp.” Maybe a random act of kindness from a stranger, or a moment of particular beauty. At Four Winds * Westward Ho, those have long been referred to as “Magic Loot.”



This past winter, we received a letter that qualifies as a form of Magic Loot, mostly because of the message. It was anonymous... and could apply to so many people we all know who spent time at Four Winds. Here is what it said:

“Enclosed you will find \$50 cash. This is to cover the cost and interest on the book Magic Ring which I took without paying for in the early 70s. I was a counselor at the time and even received a Polaris Pin, but was not living a life of integrity or character...but I am now, and it has haunted me ever since.

Camp Four Winds * Westward Ho is a special place and I have many fond memories of my two summers there...and now a clear conscience.”

Well done, Anonymous Counselor. Han Ske Leve, Hoorah.



Printed on 30% post
consumer recycled paper with
soy-based ink

2019 Four Winds Camp Year-Round Staff

Paul Sheridan
Director

Danielle Bone
Assistant Director

Mariah Armenia
Registrar

Sandra Green
Finance Director

Victor Hartney
Groundskeeper

Jim Kruse
Shipwright

Rick Mollner
Maintenance Director

Linda Sheridan
Special Project Manager

Mike Smith
Development Director

Caleb Weichert
Maintenance

Mission Statement

Four Winds * Westward Ho fosters a spirit of adventure and delight, cooperation and compassion, creativity and self-confidence within campers that will enrich and inspire them throughout their lives.

