

## The amazing Four Winds Staff Clothing and Gear List!

Getting excited about camp but not sure exactly what to bring with you!? No worries, we've put together a general list of items to help you pack.

Weather wise we want you to be prepared, Orcas island can be wet for 2 or 3 days running, and mornings can be foggy and windy. Generally the afternoons warm up to about 75 degrees Fahrenheit (23 degrees Celsius), sometimes reaching almost 90 degrees Fahrenheit (32 degrees Celsius). Please come prepared to layer :)

Those staff who live in walled canvas tents (all male counselors, some female counselors and most specialists) will be colder at night so you may want to bring extra bedding (note: international staff - bedding will be provided).

### What will we provide?

- We loan each staff member 4 sets of camp uniforms to wear throughout the summer.
- We give each staff member one amazing, very cool staff sweater to keep.

### What should you bring?

#### Basic Clothing:

- 3 pairs of pants, jeans, sweats, etc.
- 3 or 4 t-shirts and shorts/casual wear for days off or non-uniform times. (One pair of shorts should be quick drying, i.e. nylon for trips)
- Rain jacket and pants if you have the
- Warm coat, plus 2 warm long sleeved tops, i.e. sweatshirt, fleece, sweater, etc.
- 2 or 3 plain white t-shirts to wear in activity areas when it's hot
- Shoes: one pair of tennis shoes/sneakers/trainers, hiking boots and [rugged sandals](#) if you like them (Four Winds staff get a discount on Chacos rugged sandals, click [here](#) for more details).
- Undergarments, socks - wool socks are nice for when it's wet.
- Swimsuit
- Some clothes you don't mind getting dirty for outdoor work projects, etc.
- Non-cotton long underwear top and bottom (thermals) - especially good if you will be going out on trips

#### More Essentials:

- Warm ("3-season") sleeping bag (optional for staff coming from outside North America)
- 2 sets of single bed flat sheets for bedding and 1 pillow (we'll provide if you're coming from outside North America)
- Comforter/blankets/quilts - it can get pretty cold at night (we'll provide if you're coming from outside North America)
- 2 or 3 bath/beach towels (we'll provide if you're coming from outside North America)
- Laundry bag – make sure it's cloth with a drawstring
- Alarm clock (battery or wind-up as there is no electricity in living spaces)

- A watch
- Water bottle
- Toiletries
- Headlamp or flashlight/torch with extra bulb and batteries
- Pens, writing paper, stamps, notebook
- Sunglasses, sunscreen and a brimmed hat
- Small backpack or fanny pack
- Camera with film or digital camera
- A portable camp chair (like this - <http://www.crazycreek.com/backpacking-hiking-camp-chairs/>)
- Books (Kindles are counted as electronics and have to be kept/used only in the staff areas)
- Photos, decorations, fun things to remind you of home and decorate your area of the cabin/tent

### **Some people even bring...**

- A warm bathrobe, sports cleats, smooth soled shoe with heel for riding horses
- Some of your favorite children's books, a stuffed animal, non-electronic games

### **Especially for Trip Staff and great for Days Off**

- Sleeping pad (ensolite or "thermarest")
- Bicycle
- Journal, special readings to share, books etc
- Extra cash (about \$75-\$100 to spend on days off before your first pay check, there are a number of ATMs on the island to withdraw money when you are on your day off)

### **Dress Up/Fancy Dress items**

Whether it's for the 4th of July, Capture the Chicken, or a Folkdance, we dress up in crazy clothes quite often at camp. It's always nice to have on hand bright flowing skirts, wigs, hats, big sunglasses, bright colored shirts, ties, pants, masks...you name it, whatever you can mix and match for a great costume. If you don't own anything that jumps out at you, don't worry. We have a huge collection of fantastic costumes that you can borrow.

International staff also please feel free to bring flags, outfits, stick on tattoos, hats, shirts etc from home to wear during our 4th of July parade and during other fun dress up events!

### **Where's all my gear going to live?**

It's true, you won't have much space to tuck these things away (and most can do just fine with less than what's on this list). You will have the use of a "sea chest" about the size of a footlocker. Returning staff also recommend bringing gear in boxes that serve as "furniture": milk crates and long flat storage containers that fit under your bed work well if you are driving to camp and can fit them in.

Please feel free to contact Danielle (email [danielle@fourwindscamp.org](mailto:danielle@fourwindscamp.org) or call 360-376-2277) if you have any questions at all. We can't wait to see you (and your gear) here very soon!!