# Forms Submission Process for FW\*WH

# **Contents**

Accessing your Four Winds Parent Account	2
Accessing your Camper Forms	3
Forms in Use at Four Winds Camp	
Activity Descriptions	
Activity Preference	
Arrival & Departure Information	
Book Recommendations for Carlyn Sailors	6
Cabinmate Requests	
Camper Profile	
Camper Photo	3
Camper Uniform Information	10
Carlyn Consent to Participate	10
Communicating with your Child	11
Health History	11
Insurance and Permission to Treat	12
Packing Lists	13
Packing List for 1 <sup>st</sup> & 2 <sup>nd</sup> Session	13
Packing List for Carlyn Sailors	13
Packing List for Junior Session	13
Packing List for Senior Trips	13
Parent Handbooks	14
Parent Handbook	14
Parent Handbook – Junior Session	14
Parental Permission Form	15
Physician's Examination	16
Qualifying exam dates	
Release of Liability	17
Travel Information	
Visitor Information	10

Forms to be completed for camp will be available in your Four Winds Parent Account.

#### To access your account:

1. Navigate to <u>fourwindscamp.org/login</u> or select "Parent Login" from the "Parents" option on the menu of our website:



- 2. Use your email address and password to gain entry to your Four Winds Parent Account:
  - a. If you don't recall your password you can request a reset invite by clicking "Retrieve/Set Password."

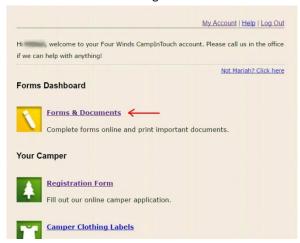


b. If you accidentally lock your account, please just contact us (360-376-2277 or <a href="mailto:info@fourwindscamp.org">info@fourwindscamp.org</a>) and we'll unlock it for you.

# **Accessing your Camper Forms**

Within your Four Winds Parent Account:

1. Click Forms & Documents from under the heading "Forms Dashboard."



- 2. A list will appear with forms and documents pertinent to your camper(s).
- 3. Each item will be identified with a symbol (the legend for which also appears at the top of the webpage):

Symbol	Туре	Explanation
모	Online	Form is to be completed online (no printing/emailing necessary)
#	Download (PDF)	Not currently in use by Four Winds except the Carlyn Consent to Participate Form (see more information later in this guide)
015	Fax-back	Form needs to be downloaded, printed or completed electronically and returned to Camp. You have several options for returning it to us:  1. Save as a pdf file on your computer and upload directly to CampMinder using the Upload link (to the right of the form),  2. Save or scan as a .pdf, .jpg, or .tiff file and email it to info@fourwindscamp.org,  3. Fax to the number at the bottom of the form (360-282-6835), or  4. Mail the paper copies to: Four Winds Camp Forms PO Box 140  Deer Harbor WA 98243
	Document (PDF)	Informational document intended for you to read. No other action is required for this type of form.
$\rangle$	Mailed to you	Not currently in use by Four Winds

Each item will also indicate the applicable due date and current status of each form in the system.

**Note:** Each child in your family will have their own listing in the Forms & Documents module with his/her available forms listed underneath his/her name.

# Forms in Use at Four Winds Camp

[Return to Table of Contents]

The CampMinder system allows us to tailor our forms and documents to display to specific groups within our camp population. For example, Junior Session families don't need to see information about the Carlyn trip and vice versa.

The following is a comprehensive list of the forms you may see listed for your child(ren) in your Parent Account:

		Affected Camp Population Segment	
Form Name	Туре	Session	Group
Activity Descriptions		$\boxtimes 1^{\operatorname{st}} \boxtimes 2^{\operatorname{nd}} \square \operatorname{Junior}$	⊠Campers □CTs □Helping Hands □Carlyn
Activity Preference	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> □Junior	⊠Campers □CTs □Helping Hands □Carlyn
Arrival & Departure Information		⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Book Recommendations for Carlyn Sailors		⊠1 <sup>st</sup> □2 <sup>nd</sup> □Junior	□Campers □CTs □Helping Hands ⊠Carlyn
Cabinmate Requests (optional)	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers □CTs □Helping Hands □Carlyn
Camper Profile	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers □CTs □Helping Hands □Carlyn
Camper Uniform Information	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Carlyn Consent to Participate	+	⊠1 <sup>st</sup> □2 <sup>nd</sup> □Junior	□Campers □CTs □Helping Hands ⊠Carlyn
Communicating with your Child		⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Health History	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Insurance & Permission to Treat	015	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Packing List for 1 <sup>st</sup> & 2 <sup>nd</sup> Session		⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> □Junior	⊠Campers ⊠CTs ⊠Helping Hands □Carlyn
Packing List for Carlyn Sailors		⊠1 <sup>st</sup> □2 <sup>nd</sup> □Junior	□Campers □CTs □Helping Hands ⊠Carlyn
Packing List for Junior Session		□1 <sup>st</sup> □2 <sup>nd</sup> ⊠Junior	⊠Campers □CTs □Helping Hands □Carlyn
Packing List for Senior Trips		⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> □Junior	⊠Campers*□CTs □Helping Hands □Carlyn
Parent Handbook		⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> □Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Parent Handbook – Junior Session		□1 <sup>st</sup> □2 <sup>nd</sup> ⊠Junior	⊠Campers □CTs □Helping Hands □Carlyn
Parental Permission Form	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Physician's Examination	015	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands □Carlyn
Release of Liability	015	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Travel Information	₽	⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn
Visitor Information		⊠1 <sup>st</sup> ⊠2 <sup>nd</sup> ⊠Junior	⊠Campers ⊠CTs ⊠Helping Hands ⊠Carlyn

<sup>\*</sup> Actually restricted to viewing just by Senior Division camper families

## **Activity Descriptions**

This is a document which contains short descriptions of the regular activity offerings at Four Winds Camp. Some additional activities may be available to children when they are actually in attendance, based on the skills and expertise brought to Camp by that summer's staff.

#### [Return to Table of Contents]

Form Type	Document (PDF)
Available to	Session 1 & Session 2
	Campers only
Required?	N/A
Due Date	N/A







## **Activity Preference**

Use this web form to submit your child(ren)'s activity preferences to Camp. Please follow the instructions provided online to provide your child's top 4 choices. If seeking a horseback riding class please list only the 1<sup>st</sup> choice in the Requests column and provide alternates for that class (if it is full) in the "Comments" box.

#### [Return to Table of Contents]

Form Type	Online
Available to	Session 1 & Session 2
	Campers only
Required?	Yes
Due Date	6 weeks before session

Activities for campers will be assigned in random order from the pool of campers who have had **all\* their required forms submitted by the due date** for their session (May 12 for Session 1 and June 11 for Session 2). The only exception to this would be with the Physician's Examination form **if** you are awaiting an appointment for your child **and communicate the expected submission date** to Camp by email to <u>mariah@fourwindscamp.org</u>. Campers with late forms will be assigned activities when the last required form is submitted to camp.



## **Arrival & Departure Information**

This is a document which contains some general information about options for families to drop off and pick up their children for camp. For your convenience we have provided several meeting locations to satisfy the various needs of our Camp families including:

## [Return to Table of Contents]

Form Type	Document (PDF)
Available to	All attendees
Required?	N/A
Due Date	N/A

- Unaccompanied Minor Travel,
- Chaperoned group flights (full session only) from LAX and SFO airports, or
- Drop off/Pick up at:
  - SeaTac airport,
  - Woodland Park,
  - o Skyline Marina in Anacortes, or
  - o directly at Camp.



# **Book Recommendations for Carlyn Sailors**

This is a document to provide some reading recommendations for our Carlyn program participants. The recommendations may be useful either for preparing for the trip or while onboard.



Available to Carlyn participants only	
Decretical NI/A	ly
Required? N/A	
Due Date N/A	



## **Cabinmate Requests**

This optional webform is provided to allow you to request a cabinmate for your child(ren). **Cabinmate requests are not guaranteed**; however, we will do everything we can to honor a request from first year campers to bunk with a fellow camper of the *same gender and grade*, if the request comes from both sets of parents.

### [Return to Table of Contents]

Form Type	Online
Available to	Session 1 or 2 & Junior
	Session Campers only
Required?	No
Due Date	6 weeks before session



## **Camper Profile**

This required web form is a wonderful way for you to share information about your child prior to his/her arrival. Your responses to these questions aid in cabin or tent assignments and gives potentially vital information to his/her counselor in preparing for the start of Camp.

#### [Return to Table of Contents]

Form Type	Online
Available to	Session 1 or 2 & Junior
	Session Campers only
Required?	Yes
Due Date	6 weeks before session

Whether your child is joining us for the first time this summer or has a long history with us, his/her counselor may be brand new; the more information you can give through this form in advance of your child's arrival, the better prepared the counselor will be to make a connection with him/her.



#### **Camper Photo**

If you choose to upload or change your camper's photo, please be sure to choose one that clearly shows his/her face (preferably no hats, sunglasses, shadows or glare over the eyes, etc.). The minimum size for acceptable photos is 250 pixels on the shortest edge; most images taken with digital cameras are well above this size. Since these photos are going to be used to recognize your child at camp don't be afraid to crop the photo very close to the child's face.

Option 1: Good



Eyes slightly obscured

Option 2: Better



Clearer view of full face (including eyes) but subject is a little too far away

Option 3: Best



Extraneous information removed from photo—clear view of subject's full face.

To provide/replace your camper's photo:

1. Click the banner on the bottom of the current photo or cartoon avatar.



2. Click "Choose File" and browse to the file location on your hard drive, click "Open."



- 3. Click the green Upload Photo button. Upload Photo
- 4. Use the "move cursor" \* and the "resize cursors" \* \* to adjust the cropping box on the image to frame your camper's face (the part which will be cropped appears grayed out), click Continue.



5. Review the photo you are submitting (start over or re-crop by clicking on the appropriate links) and click "Save and Submit" when you are satisfied with the image.



## **Camper Uniform Information**

Four Winds Camp has a long tradition of uniforms and your child will receive some sets for use throughout the session. Accurate completion of this required web form will have a big impact on your child's comfort

#### [Return to Table of Contents]

Form Type	Online
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session

when arriving at Camp and throughout the session. The information provided in this form will allow Camp staff to prepare a properly sized bundle of uniforms for your child prior to his/her arrival at Camp. Please note that campers who find their uniform sets to be incorrectly sized for their bodies *will* have the opportunity to exchange them on the first full day of Camp.



## **Carlyn Consent to Participate**

Our Carlyn Sailors will be embarking on a 3-week journey through mostly Canadian waters. Since they are minors traveling internationally with adults who are not their parents or legal guardians, our crew must have

## [Return to Table of Contents]

Form Type	Download (PDF) *
Available to	Carlyn participants only
Required?	Yes
Due Date	May 1, 2017

this form onboard the vessel. Please download, print, complete, and have this consent document notarized. Then return the original (notarized) document to Camp via mail to: Four Winds Camp

Carlyn Documentation PO Box 140 Deer Harbor WA 98243



## **Communicating with your Child**

This document is a handy one-page guide to some "best practices" for communicating with your child while he/she is at Camp. Feel free to share this information with friends and family who may wish to send items (letters or care packages) to your child.

#### [Return to Table of Contents]

Form Type	Document (PDF)
Available to	All attendees
Required?	N/A
Due Date	N/A



## **Health History**

Arguably our most extensive and one of the most critical forms we ask our parents to complete. Attention to this form will be your greatest contribution to your child's safety and well-being while at Camp. This web

#### [Return to Table of Contents]

Form Type	Online
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session

form gives you the opportunity to share with us your child's general health, dietary restrictions, allergies, medications and more. It provides Camp with emergency and health care provider contact information so that we are prepared in the event of an accident.

When completing this form it is handy to have the phone numbers for your child's care providers (doctor, dentist, etc.), specifications on any medications, and his/her immunization record. If your child is returning to Four Winds you will find that many of the fields are pre-populated with data; please be sure this pre-filled data is still accurate and make corrections as needed.



## **Insurance and Permission to Treat**

A critical, but relatively easy form for Camp so we have insurance information and written permission from a parent or legal guardian to seek care for our campers in the event of an emergency.

#### [Return to Table of Contents]

Form Type	Fax-back 👊
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session

Simply photocopy and attach the images of the front and back of the insurance card (and Rx card, if applicable) which covers your camper, and remember to sign and date the form at the bottom. If you have difficulty in attaching the images to the form but are able to scan/photograph or fax them, our staff may be able to help. Just email Mariah (mariah@fourwindscamp.org) for assistance.



**Please note:** The fax-back forms are **bar-coded** to be **associated with a** *specific* **camper**. When you have several children coming to camp, please be sure to pay particular attention to the name at the bottom of the form when completing it.

Common reasons for the Insurance and Permission to Treat form to be marked as incomplete:

- 1. The form is missing one or more images of the insurance/Rx cards,
- 2. The image of one or more of the cards is illegible (too dark, too blurry, etc.),
- 3. The form needs a signature and date at the bottom.

Fax-back forms may be returned to camp via one of the following methods:

- 1. Save as a pdf file on your computer and upload directly to CampMinder using the Upload link (to the right of the form),
- 2. Save or scan as a pdf, jpg, or tiff file and email it to <a href="mailto:info@fourwindscamp.org">info@fourwindscamp.org</a>,
- 3. Fax to the number at the bottom of the form (360-282-6835), or
- 4. Mail the paper copy to: Four Winds Camp Forms, PO Box 140, Deer Harbor WA 98243



Packing Lists [Return to Table of Contents]

These documents are clothing and equipment lists of what your child should (and should not) bring to camp. The specific list you will see in your <u>Four Winds Parent Account</u> is dependent on your child's designation in the system. For instance, a camper who is participating on the Carlyn trip will only see the Packing List for Carlyn Sailors, but a regular "Senior Division" camper (boys and girls entering 9<sup>th</sup> or 10<sup>th</sup> grades) will see both the Packing List for 1<sup>st</sup> and 2<sup>nd</sup> Session as well as that for the Senior Trips.

Please remember: Mark every item your child brings to Camp with his/her full name.

Packing List for 1st & 2nd Session



Form Type	Document (PDF)	
Available to	Session 1 & 2	
	Campers, CTs and	
	Helping Hands	
Required?	N/A	
Due Date	N/A	

**Packing List for Carlyn Sailors** 



Form Type	Document (PDF)	
Available to	Session 1	
	Carlyn participants	
Required?	N/A	
Due Date	N/A	

**Packing List for Junior Session** 



Form Type	Document (PDF)
Available to	Junior Session
	Campers
Required?	N/A
Due Date	N/A

**Packing List for Senior Trips** 



Form Type	Document (PDF)
Available to	Session 1 & 2
	Senior Campers
Required?	N/A
Due Date	N/A

## **Parent Handbooks**

#### [Return to Table of Contents]

These documents provide some additional information about Four Winds Camp and what to expect during your child's attendance. Even if your child has been attending for several years, you are encouraged to re-read this document to familiarize yourself with the information we provide—from celebrating birthdays at Camp to details about our Trip Program, you can find some of your questions answered in the pages of these guides.

As with our Packing Lists, the handbook you will see listed in the Forms & Documents module will be determined by your child's designation in our system.

# Parent Handbook



Form Type	Document (PDF)
	li
Available to	Session 1 & 2
	Campers, CTs and
	Helping Hands
Required?	N/A
Due Date?	N/A

# Parent Handbook - Junior Session



Form Type	Document (PDF)
	lib .
Available to	Session 1 & 2
	Campers, CTs and
	Helping Hands
Required?	N/A
Due Date?	N/A

## **Parental Permission Form**

This quick, required web form simply:

 grants permission for your child to engage in activities at and related to Four Winds Camp,

### [Return to Table of Contents]

Form Type	Online
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session

- allows us to possibly use images and recordings of your child in promotional materials (i.e. to be included in our post-season slideshow), and
- indicates you have read the Parent Handbook and your child agrees to follow the guidelines for behavior and directions of camp staff.



## Physician's Examination

This is one of our most critical forms and is mandatory for your child's attendance at Camp. This form needs to be submitted every year, and must be completed based on an exam he/she received within the 12-

#### [Return to Table of Contents]

Form Type	Fax-back
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session

month (365-day) period prior to the start of his/her particular session at camp. If you have a qualifying exam and wish to forego scheduling another one, just submit this form to your child's doctor's office and ask them to complete it based on the last examination.

### Qualifying exam dates

If your child is attending:	The exam must have been completed sometime since:
-----------------------------	---

Session 1	June 23, 2017
Session 2	July 23, 2017
Junior Session	August 22, 2017

It is important to ensure the form is filled out as completely as possible and to include contact information for the doctor or medical office. *If you are awaiting a doctor's appointment for your child that extends beyond the form due date, please contact Camp with the date of the appointment so we can make a note in our system on when to expect the form to arrive.* This is especially important since the assignment of your child's activities is dependent on all forms being completed (or accounted for) by the due dates.



**Please note:** The fax-back forms are **bar-coded** to be **associated with a** *specific* **camper**. When you have several children coming to camp, please be sure to pay particular attention to the name at the bottom of the form when completing it.

Common reasons for the Physician's Examination form to be marked as incomplete:

- 1. Incomplete information (especially Tetanus shot information or contact information for doctor), or
- 2. Exam date is blank or not within the qualifying time frame.

Fax-back forms may be returned to camp via one of the following methods:

- 1. Save as a pdf file on your computer and upload directly to CampMinder using the Upload link (to the right of the form),
- 2. Save or scan as a pdf, jpg, or tiff file and email it to info@fourwindscamp.org,
- 3. Fax to the number at the bottom of the form (360-282-6835), or
- 4. Mail the paper copy to: Four Winds Camp Forms, PO Box 140, Deer Harbor WA 98243



## **Release of Liability**

This is another one of our most critical forms and it must be received before your child's attendance at Camp. This form needs to be submitted every year, and must be signed by all the adults who are legally responsible for the attending child (parents and/or legal guardians).

#### [Return to Table of Contents]

Form Type	Fax-back
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session



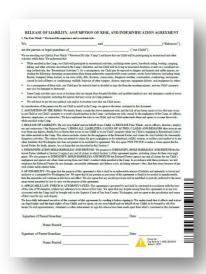
**Please note:** The fax-back forms are **bar-coded** to be **associated with a** *specific* **camper**. When you have several children coming to camp, please be sure to pay particular attention to the name at the bottom of the form when completing it.

Common reasons for the Release of Liability form to be marked as incomplete:

- 1. Incomplete information, and/or
- 2. Missing signature(s), printed name(s) and/or date(s) from the bottom of the form.

Fax-back forms may be returned to camp via one of the following methods:

- 1. Save as a pdf file on your computer and upload directly to CampMinder using the Upload link (to the right of the form),
- 2. Save or scan as a pdf, jpg, or tiff file and email it to <a href="mailto:info@fourwindscamp.org">info@fourwindscamp.org</a>,
- 3. Fax to the number at the bottom of the form (360-282-6835), or
- 4. Mail the paper copy to: Four Winds Camp Forms, PO Box 140, Deer Harbor WA 98243



## **Travel Information**

This is a fairly quick, required web form that notifies us of how your child plans to arrive to and depart from Camp. We have many options which we provide to satisfy the needs of our Camp families, so please choose

#### [Return to Table of Contents]

Form Type	Online
Available to	All attendees
Required?	Yes
Due Date	6 weeks before session

options which work best for you. The form has been created to display pertinent alerts and detailed information for each option based on the radio button selected (e.g. if you select "Parent Drop-off at Camp via car" an information box will appear below the list giving more details about that specific meeting location).

Some additional information to be aware of:

- 1. Chaperoned group flights from Los Angeles (LAX) and San Francisco (SFO) are only available for full session attendees and must be booked by contacting Sojourn Travel (<a href="fourwindscamp.org/travel">fourwindscamp.org/travel</a>),
- 2. Individual flights, whenever possible, should be booked through Sojourn Travel (fourwindscamp.org/travel) for the following reasons:
  - a. The flight arrival and departure times will conform to our optimal time windows, and
  - b. Campers traveling to/from the same geographic location will be booked on the same flight so as to ease staffing requirements at the airport and possibly provide travel companionship.
- 3. Once submitted, this form cannot be updated unless you contact us (360-376-2277 or <a href="mailto:info@fourwindscamp.org">info@fourwindscamp.org</a>) since we use the information in static form outside of the CampMinder system to plan transportation for the campers (i.e. we need to know when changes are made)
- 4. The "parent" part of the "Parent Drop-off" or "Parent Pick-up" options should not be taken literally; however, if an adult other than the camper's parent is going to drop-off or pick-up your child from one of our meeting locations please send an email to Mariah (mariah@fourwindscamp.org) to provide the name of the individual who is authorized to sign your camper in/out of Camp.
- 5. Travel plans for your child cannot be altered within the 7 days prior to his/her arrival or departure.



## **Visitor Information**

This document is a handy one-page guide to some "best practices" for planning to visit your child while he/she is at Camp. As you'll see in the guide there are, among other details: specific windows appropriate for visiting Camp, rules regarding who is allowed to take campers off the property, and considerations which must be made for special days and

### [Return to Table of Contents]

Form Type	Document (PDF)
Available to	Session 1 & 2
	Campers, CTs and Helping
	Hands
Required?	N/A
Due Date	N/A

possible trips campers will make out of camp during the session. Please carefully read the guideline and feel free to contact us with questions and especially when you want to plan a visit!

