



# FOUR WINDS \* WESTWARD HO

## CAMP EQUIPMENT LIST for SENIOR TRIPS



This list is in addition to the basic list for all campers. Seniors are those campers who will be entering 9th or 10th grade. They will be going on a 6-day trip around the islands in sailboats, canoes, and kayaks or on a hiking trip to the Olympic Peninsula.

These items do not have to be purchased new. You may find some really good equipment in used clothing stores. Please call us if you need advice or need help procuring any of these items.

### FOR ALL TRIPS

- 1 Fleece Jacket
- 1 Pair of nylon or synthetic shorts\*
- 2 Pair of wool or synthetic hiking socks
- 1 Wool hat\*
- 1 Baseball cap\* or sunhat
- 1 Set of long underwear (tops and bottoms) made of polypropylene or similar fabric. Cotton waffle knit is not effective as it does not insulate when wet.
- 1 Set of good raingear. This can be anything from an expensive Gore-Tex jacket and pants to an inexpensive rain poncho\*. It must be durable, absolutely water-proof and cover you fully.

### FOR WATER-BASED TRIPS

- 1 Pair of rubber & nylon shoes or sandals with a heel strap (like Texas or Chacos) or an old pair of sneakers

### FOR THE BACKPACKING TRIP

- 1 Pair of hiking boots. It is important that these boots have been broken-in, and are NOT brand new. Blisters can make a backpacking trip miserable.
- 1 Frame backpack with between 3,500 and 5,000 cubic inches works best. It should fit comfortably and does not have to be fancy. We do also have loaner backpacks.

*\* The Camp Store stocks these items for purchase*