



FOUR WINDS * WESTWARD HO

EQUIPMENT LIST for CARLYN SAILORS



Please do not pack any extra items, as space is very limited. Please do not bring delicate or expensive equipment – no cell phones, iPods, electronics, money, or valuable jewelry. If you do bring them to camp, they will be collected to be given back at the end of the session.

PASSPORT - Must be up to date and valid through the end of camp

CLOTHING

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| 5 short sleeve shirts* | 6 pair of socks* (at least 3 wool or good-quality synthetic) |
| 2 long-sleeved sweaters (fleece or wool) | 10 sets of underwear |
| 2 pairs pants (comfortable and warm) | 1 pair of sandals (must have a heel strap) |
| 2 pairs shorts* (synthetic, so they can dry fast) | 1 pair of sneakers (they will get wet & muddy) |
| 1 set sleepwear | 1 warm hat* (beanie, toque) |
| 1 set full-body long underwear (wool, silk or polyester) | 1 baseball cap* or sun hat |
| 1 warm jacket | 1 swimsuit/trunks |
| 1 set full-body waterproof foul-weather gear | 1 pair gloves |
| 1 windbreaker | 2 bandanas |

BEDDING/LINENS

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|--|-------------------------------------|
| 1 pillow w/ 2 pillow cases | 2 bath towels |
| 1 flat sheet for hot weather sleeping | 1 wash cloth |
| 1 outdoor sleeping bag (+30°F or less) | Laundry Bag* with name marked on it |

TOILETRIES/MISCELLANEOUS

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|--|---------------------------|
| 1 flashlight*/headlamp* and batteries* | 1-2 books to read |
| Toiletry items (shampoo/conditioner*, soap*, toothbrush*/paste*, etc.) | Stationery and envelopes* |
| | Water bottle* |

OPTIONAL

- Wristwatch
- 1 pair of sweat pants*
- "Grandma's Attic" costume**
- Camera* - with extra batteries* or AC charger
- Musical Instrument(s)
- Rain boots
- Scarf
- Crazy Creek Chair*

Please do not bring delicate or expensive items! No cell phones, iPods, or any other electronic devices (with the exception of digital cameras), money, valuable jewelry, etc. If campers do bring these items for travel, they will be collected when they arrive and returned for the trip home. Please label all items with your camper's full name.

* The Camp Store stocks these items for purchase
 ** Camp has these items available to loan